

Communication & Support Profile

A one-person profile for recording preferred communication, support and decision-making approaches.

Tool type

Profile / Form

Primary users

Autistic people, families, educators, employers, researchers and service teams

Use note: This is a practical institutional resource. It is not a diagnostic instrument, clinical assessment, or legally sufficient consent/approval document. Adapt to local law, policy, ethics requirements and individual needs.

Person and communication information

Name / preferred name:

How I prefer people to communicate with me:

How I usually communicate (speech, typing, AAC, gesture, other):

How to give me information or instructions:

How much processing time is usually helpful:

Support and decision-making

What helps me understand choices and make decisions:

People I want involved, if any:

What I want staff/researchers/educators to know about privacy and information sharing:

When I am stressed or overloaded

Early signs others may notice:

What helps:

What usually makes things worse:

How I can signal “pause” or “stop”:
