

Autism-Inclusive Environment Quick Checklist

A rapid review for reducing avoidable environmental and service barriers.

Tool type

Checklist

Primary users

Schools, universities, workplaces, clinics, community venues

Use note: This is a practical institutional resource. It is not a diagnostic instrument, clinical assessment, or legally sufficient consent/approval document. Adapt to local law, policy, ethics requirements and individual needs.

Quick Checklist

Tick each item that is currently in place. Use the final column to record a specific action, owner or date where improvement is needed.

Check	Item	Notes / action
☐	Entrance, reception and wayfinding are predictable and easy to understand.	
☐	A quieter waiting or break option is available where feasible.	
☐	Lighting can be reduced or adapted when safe and practical.	
☐	Unnecessary background noise and competing audio are minimized.	
☐	People may use headphones, sunglasses, comfort items or AAC unless a genuine safety restriction applies.	
☐	Written or visual information is available in addition to spoken instructions.	
☐	Changes, delays and next steps are communicated clearly.	
☐	Staff know how to offer adjustments without requiring the person to repeatedly justify them.	
☐	Private or low-stimulation space is available for sensitive conversations where feasible.	
☐	The service has a clear route for requesting accessibility adjustments in advance.	

Check	Item	Notes / action
☐	Emergency procedures consider people who may communicate, move or respond differently under stress.	
☐	Autistic people are involved in reviewing accessibility and service design.	

Priority actions

1. Highest-priority change:

2. Responsible person / team:

3. Target date:
