

Sensory Accessibility Checklist

A practical scan of sensory barriers and adjustment options.

Tool type

Checklist

Primary usersOrganizations, venues, educators, employers,
researchers and service teams

Use note: This is a practical institutional resource. It is not a diagnostic instrument, clinical assessment, or legally sufficient consent/approval document. Adapt to local law, policy, ethics requirements and individual needs.

Quick Checklist

Tick each item that is currently in place. Use the final column to record a specific action, owner or date where improvement is needed.

Check	Item	Notes / action
☐	Noise level and sudden sounds have been reviewed.	
☐	Lighting glare, flicker and brightness have been considered.	
☐	Strong smells or fragranced products are minimized where practical.	
☐	Unexpected touch is avoided and explained before contact.	
☐	Crowding and queueing can be reduced or bypassed where feasible.	
☐	A low-stimulation or quiet option is identified.	
☐	People can use sensory supports where safe.	
☐	Schedules and transitions are made predictable.	
☐	Temperature, seating and personal-space needs can be adjusted where possible.	
☐	Online or remote participation is available when appropriate.	
☐	Sensory preferences are asked rather than assumed.	

Check	Item	Notes / action
☐	Feedback on sensory barriers is reviewed and acted on.	

Priority actions

1. Highest-priority change:

2. Responsible person / team:

3. Target date:
