

Autistic Participant Experience Survey

A short post-participation survey for services, programs, events or research activities.

Tool type

Survey / Questionnaire

Primary users

Autistic participants

Use note: This is a practical institutional resource. It is not a diagnostic instrument, clinical assessment, or legally sufficient consent/approval document. Adapt to local law, policy, ethics requirements and individual needs.

How to use

This short questionnaire can be offered on paper, digitally or verbally. Participation should be voluntary. Do not describe scores as diagnostic or clinically validated.

Suggested scale: 1 = Strongly disagree / very poor 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly agree / excellent

#	Statement	Rating 1-5
1	I understood what was expected of me.	1 2 3 4 5
2	Information was presented in a way I could understand.	1 2 3 4 5
3	I had enough time to process information and respond.	1 2 3 4 5
4	My communication preferences were respected.	1 2 3 4 5
5	My sensory needs were respected.	1 2 3 4 5
6	I was able to ask for a break, pause or change.	1 2 3 4 5
7	I felt that my choices were taken seriously.	1 2 3 4 5
8	I was treated with dignity and respect.	1 2 3 4 5
9	I knew who to contact if I had a concern.	1 2 3 4 5
10	Overall, the experience was accessible to me.	1 2 3 4 5

Open feedback

What helped you participate?

What was difficult or inaccessible?

What should we change next time?

Optional demographics: Collect only information that is necessary for the stated purpose and permitted under applicable privacy/data requirements.