

Family & Caregiver Needs Survey

A short needs-assessment tool for understanding priorities without replacing the autistic person's own voice.

Tool type	Survey / Questionnaire
Primary users	Families and caregivers

Use note: This is a practical institutional resource. It is not a diagnostic instrument, clinical assessment, or legally sufficient consent/approval document. Adapt to local law, policy, ethics requirements and individual needs.

How to use

This short questionnaire can be offered on paper, digitally or verbally. Participation should be voluntary. Do not describe scores as diagnostic or clinically validated.

Suggested scale: 1 = Strongly disagree / very poor 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly agree / excellent

#	Statement	Rating 1-5
1	I can access clear information about autism and available supports.	1 2 3 4 5
2	I know who to contact when I need guidance.	1 2 3 4 5
3	Services communicate with our family in an understandable way.	1 2 3 4 5
4	The autistic person's preferences are included in planning.	1 2 3 4 5
5	Transitions between services are coordinated.	1 2 3 4 5
6	We can access appropriate education or training support.	1 2 3 4 5
7	We can access appropriate health and wellbeing support.	1 2 3 4 5
8	We can access community and participation opportunities.	1 2 3 4 5
9	We receive enough information about rights, services and practical next steps.	1 2 3 4 5
10	Our family is able to provide feedback and raise concerns safely.	1 2 3 4 5

Open feedback

What are your three highest-priority needs right now?

Which services or supports are hardest to access?

What information or resource would be most useful from GARC or partner organizations?

Optional demographics: Collect only information that is necessary for the stated purpose and permitted under applicable privacy/data requirements.